



Arctic Gardens[®]

arcticgardensfoodservice.ca

by NORTERA



SINGLE VEGETABLES



Cut Asparagus

10055686101524 | 1 x 10 kg



Asparagus Spears

40055686505149 | 4 x 1 kg



Cut Green Beans

10055686255067 | 6 x 2 kg



Cut Wax Beans

10055686520004 | 6 x 2 kg



French Style Green Beans

40055686533005 | 9 x 1 kg



Lima Beans

10055686535008 | 6 x 2 kg



Whole Green Beans

10055686281255 | 6 x 2 kg



Extra Fine Whole Green Beans

10055686275539 | 10 x 1 kg



Whole Wax Beans

40055686532220 | 2 x 4 kg

(QC only)



Extra Fine Whole Wax Beans

10055686279995 | 10 x 1 kg



Broccoli Bits

10055686654112 | 6 x 2 kg



Chopped Broccoli

10055686014268 | 6 x 2 kg



Cut Broccoli

10055686505506 | 6 x 2 kg



Broccoli Florets

10055686014374 | 8 x 1 kg

Medium



Micro Broccoli Florets

10055686271135 | 1 x 10 kg

3/8 x 1 1/8"



Brussels Sprouts

10055686508002 | 6 x 2 kg



Chunky Carrots

10055686542006 | 6 x 2 kg

(QC only)



Crinkle Sliced Carrots

10055686548008 | 6 x 2 kg



Diced Carrots

10055686541009 | 6 x 2 kg



Julienne Carrots

10055686549005 | 6 x 2 kg

20055686259178 | 6 x 2 kg



Sliced Carrots

10055686547001 | 6 x 2 kg

7/8 x 5/16"



Whole Baby Carrots

10055686255128 | 6 x 2 kg



Yellow Julienne Carrots

10055686014299 | 6 x 2 kg



Cauliflower Florets

10055686538009 | 6 x 2 kg

Medium - (ONT & WEST only)



Riced Cauliflower

10055686272231 | 4 x 2 kg



Diced Celery

10055686554009 | 6 x 2 kg



Corn On The Cob

10055686304543 | 96 ct



Peaches & Cream Corn

10055686276635 | 4 x 2 kg



Whole Kernel Corn

10055686255005 | 6 x 2 kg



Whole Kernel Supersweet Corn

1005568627773 | 4 x 2 kg



Shelled Edamame

10055686276642 | 4 x 2 kg



Diced Leeks

40055686507006 | 2 x 4 kg



Sliced Mushrooms

10055686014251 | 6 x 2 kg



Diced Onions

10055686555006 | 6 x 2 kg

3/4 x 3/4 x 3/4"

20055686259161 | 6 x 2 kg

3/8 x 3/8 x 3/8"



Pearl Onions

10055686557000 | 6 x 2 kg



Diced Parsnip

10055686700055 | 6 x 2 kg

3/8 x 3/8 x 3/8"



Assorted Peas

10055686255043 | 6 x 2 kg



Petite Peas

10055686272248 | 4 x 2 kg



Sugar Snap Peas

10055686271142 | 4 x 2 kg



Diced Green Peppers

10055686502000 | 6 x 2 kg

3/8 x 3/8 x 3/8"



Diced Red Peppers

10055686503007 | 6 x 2 kg

3/8 x 3/8 x 3/8"



Diced Potatoes

10055686529007 | 6 x 2 kg

3/8 x 3/8 x 3/8"



Diced Rutabaga

10055686981003 | 6 x 2 kg



Homestyle Rutabaga

10055686565005 | 6 x 2 kg



Chopped Spinach (80 nuggets)

10055686509108 | 6 x 2 kg



Cut Leaf Spinach (40 nuggets)

40055686509307 | 10 x 1 kg



Diced Butternut Squash

10055686566002 | 6 x 2 kg



Zucchini Quarters

10055686526006 | 6 x 2 kg

VEGETABLE BLENDS



4-Bean Salad

10055686587014 | 6 x 2 kg

Cut green beans, cut wax beans, dark red kidney beans, chick peas, diced onions, diced red peppers



7-Bean Salad

10055686274440 | 4 x 2 kg

White great northern beans, black turtle beans, chick peas, navy beans, red kidney beans, pinto beans, black eyed peas



Asian-Style

10055686255180 | 6 x 1,75 kg

Whole green beans, broccoli florets, julienne carrots, sugar snap peas, diced onions, red pepper strips, sliced water chestnuts, sliced mushrooms



Mixed Whole Green & Yellow Beans

40055686522108 | 2 x 4,5 kg

Green beans, wax beans



Bistro

10055686272255 | 4 x 2 kg

Whole green beans, whole wax beans, bias cut orange carrots, bias cut yellow carrots



California

10055686501195 | 6 x 2 kg

Sliced carrots, broccoli florets, cauliflower florets



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Yellow & Orange Sliced Carrots
03083681070675 | 4 x 2,5 kg



Cocktail
10055686587007 | 6 x 2 kg



Fall Medley
10055686279940 | 4 x 2 kg



Florentine
10055686583004 | 6 x 2 kg



Italian
10055686583009 | 6 x 2 kg



Kalebanzo
10055686278844 | 4 x 2 kg



Mexican
10055686586253 | 6 x 2 kg



Mixed Vegetables (4)
10055686574007 | 6 x 2 kg

Cut green beans, sliced carrots, cut wax beans

Bias cut carrots, chunky rutabaga, chunky sweet potatoes, chunky red onions

Cauliflower florets, peas, cut green beans, cut wax beans, red pepper strips

Crinkle sliced carrots, green zucchini, cauliflower florets, romano beans, yellow zucchini, Lima beans, red pepper strips

Chopped kale, julienne orange carrots, julienne yellow carrots, green garbanzo beans

Supersweet corn, broccoli florets, julienne carrots, red pepper strips, crinkle zucchini quarters, diced onions, green pepper strips

Crinkle sliced carrots or diced carrots, cut green beans, peas, supersweet corn



Mixed vegetables (5)
10055686255029 | 6 x 2 kg

Crinkle sliced carrots or diced carrots, peas, supersweet corn, cut green beans, cut wax beans



Montego
10055686547025 | 6 x 2 kg

Cauliflower florets, broccoli florets, sliced yellow carrots, sliced orange carrots



Niagara
10055686275546 | 4 x 2 kg

Whole baby carrots, whole green beans, water chestnuts, whole baby corn



Old Fashioned
10055686160033 | 6 x 2 kg

Diced yellow carrots, diced orange carrots, diced celery, cut green beans, diced onions



Paradisio
10055686273351 | 4 x 2 kg

Whole green beans, whole wax beans, bias cut orange carrots, bias cut yellow carrots, broccoli florets



Parisian
10055686586000 | 6 x 2 kg

Julienne carrots, cauliflower florets, cut green beans, diced onions



Peas & Diced Carrots
10055686560505 | 6 x 2 kg

Peas, diced carrots



Prince Edward
20055686259130 | 6 x 2 kg

Whole green beans, whole wax beans, whole baby carrots



Romanesco
10055686590007 | 6 x 2 kg

Romanesco florets, fine whole green beans, julienne orange carrots, julienne yellow carrots



San Francisco
10055686500118 | 6 x 2 kg

Broccoli florets, cauliflower florets, whole baby carrots, whole green beans



Sunrise
10055686547032 | 6 x 2 kg

Cut green beans, sliced orange carrots, sliced yellow carrots



Stir-fry Vegetables
10055686584006 | 6 x 2 kg

Broccoli florets, french cut green beans, julienne carrots, diced onions, red pepper strips, sliced mushrooms



Thai-Style
10055686255142 | 6 x 1,75 kg

Broccoli florets, julienne carrots, whole green beans, whole baby corn, diced onions, sugar snap peas, red pepper strips, sliced mushrooms



Veggies Pick of the Day
10055686014282 | 6 x 2 kg

Extra fine green beans, julienne orange carrots, julienne yellow carrots



Winter
10055686581005 | 6 x 2 kg

Broccoli florets, cauliflower florets



Yellow & Green Sliced Zucchini
03083681070699 | 4 x 2,5 kg



Grilled Eggplant
10055686280113 | 7 x 1 kg



Grilled Red and Yellow Peppers
10055686280205 | 7 x 1 kg



Grilled Zucchini
10055686280007 | 7 x 1 kg



Roasted Red Pepper Strips
10055686559049 | 6 x 2 kg



Gourmet Stir-fry with Grilled Vegetables
03083681070637 | 6 x 1 kg

Grilled zucchini, sugar snap peas, pre-fried eggplant, grilled red peppers, grilled yellow peppers, sunflower oil



Potato Gratin
03083681076776 | 4 x 2,5 kg

Potatoes with Béchamel Sauce



Asparagus & Red Potatoes
10055686277748 | 4 x 2 kg

Roasted red potatoes diced, bias cut carrots, asparagus cuts and tips, diced red onions, canola oil, light seasoning



Brussels-Style
10055686124608 | 4 x 2 kg

Cauliflower florets, brussels sprouts, sweet potatoes, canola oil, light seasoning



Root
10055686120556 | 4 x 2 kg

Sweet potatoes, orange carrots, yellow carrots, parsnips, red onions, canola oil, light seasoning



Fajita
10055686504103 | 6 x 2 kg

Red, green and yellow pepper strips, onion strips



Minestrone
10055686800079 | 6 x 2 kg

Diced carrots, diced celery, cut green beans, dark red kidney beans, peas, diced onions, diced green peppers



Mirepoix
10055686589506 | 6 x 2 kg

Diced carrots, diced celery, diced onions



Spaghetti
10055686589001 | 6 x 2 kg

Onions, celery, diced carrots, green peppers, red peppers



Stew
10055686800033 | 6 x 2 kg

Potatoes, carrots, rutabaga, onions, homestyle cut



Broccoli Purée (83 nuggets)
03083681070712 | 4 x 2,5 kg

Nuggets (30g)



Carrot Purée (83 nuggets)
03083681070804 | 4 x 2,5 kg

Nuggets (30g)



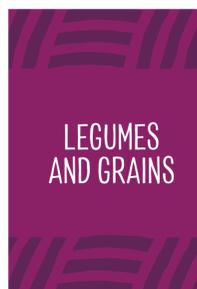
Green Bean Purée (83 nuggets)
03083681070736 | 4 x 2,5 kg

Nuggets (30g)



Green Pea Purée (83 nuggets)
03083681070897 | 4 x 2,5 kg

Nuggets (30g)



Ancient Grain
10055686281240 | 4 x 2 kg

Pearled barley, spelt, white beans



Fusion
10055686271159 | 4 x 2 kg

Supersweet corn, black beans, edamame beans



Rice Pilaf
10055686273344 | 4 x 2 kg

Pre-cooked rice, mini peas, sliced mushrooms, diced carrots, diced red peppers



Rustic Grain
10055686281233 | 4 x 2 kg

Bulgur, lentils, brown rice